

4TH ANNUAL SPFAS FUN RUN & WALK

Fall Fair Family 5K Fun Run & Walk

&

Kristen Lee Coutts Memorial 10K Run

SATURDAY, SEPTEMBER 10TH, 2011 @ 8:00 A.M.



Date & Time: Saturday, September 10, 2011 @ 8:00 a.m. sharp; Followed by Pancake Breakfast
Location: Start/Finish at the Springbank Park For All Seasons (Main Parking Lot) - 32224A Springbank Road
Stations: There will be 2 water/aid stations on the route
Entry Fees: Includes shirt, pancake breakfast, water stations, music and eligibility for prizes and medals
Note: Sizes cannot be guaranteed; Late registrants are not guaranteed a shirt

EARLY BIRD \$25.00 per adult before June 30, 2011
\$35.00 per adult after June 30, 2011

EARLY BIRD \$15.00 for 18 years and under before June 30, 2011
\$25.00 after June 30, 2011 for 18 and under

Special family rate: \$75.00 for family (maximum 4 persons). Use 1 Registration Form per person.

*Please pay by cheque, cash, or credit card. Cheques to be issued to **Springbank Park For All Seasons**.

Join us for a terrific event; Share the spirit!

Packages: Race packages for pre-registered runners and the opportunity to register late for the event will be available on Friday, September 9th from 11:00 a.m. – 7:00 p.m. at the SPFAS main entrance. The opportunity to register late for the event will also be available Saturday, September 10th from 7:00 – 7:45 a.m. at SPFAS.

Entry: Mail Form to: **SPFAS 5K & 10K**
32224A Springbank Road
Calgary, AB. T3Z 2L9

Or

Drop Registration Form off at SPFAS office in the Joe Phillips Arena Lobby

Name: _____ **5K** _____ *or* **10K** _____
Address: _____ **Phone #:** _____
Male: _____ **Female:** _____ **Age on Day of Event:** _____
Shirt Size: Adult: S _____ **M** _____ **L** _____ **XL** _____ **Youth: L** _____
Email Address: _____
Visa # _____ **MasterCard #** _____
Expiry Date: _____ **Name on Credit Card:** _____

Waiver: I realize that there are risks associated with the competing in this event and in consideration of your accepting this entry, I, the below signed, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any persons, organizations, officials, and/or sponsors of this event and their representatives, successors, and assigns for any and all injuries suffered by me in this event. Further, I grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, and recordings of me, or other records of this event, for any legitimate purpose. Also, I understand that the race director has the right to reject any entry.

Signature: _____ **Date:** _____

A special “Thank You” to all of our sponsors and volunteers who make it happen!